

**Senate Finance Committee
Riders – Article I**

Adopted

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Legislative Budget Board

By: Hinojosa

Employees Retirement System Diabetes Type 2 Prevention Program for ERS Participants

Overview

The prevalence of Type 2 diabetes in Texas has increased by 57 percent over the past decade, and the State Demographer projects a quadrupling of the number of adult Texans with diabetes by 2040. This chronic disease is preventable. Results of national studies indicate that as many as 35 percent of U.S. adults have pre-diabetes (diagnosed and undiagnosed), a condition that makes them more likely to develop Type 2 diabetes within the next ten years and more likely to have a heart attack or stroke.

United Healthcare, which is the third party administrator for ERS, has been a leading developer of diabetes prevention programs and offers them currently. Cost-effective, evidence-based diabetes-prevention programs for people with pre-diabetes have proven to reduce risk for Type 2 diabetes by 58 percent and improve personal responsibility. The average cost for treatment of an individual with diabetes is \$7,900 per year, which is 2.3 times higher than health care costs would be in the absence of diabetes.

Required Action

Under Employees Retirement System, beginning on page I-37, add the following rider:

_____. **Diabetes Type 2 Prevention Program for ERS Participants.** Out of funds appropriated above, the Employees Retirement System of Texas (ERS) shall, in consultation with the Texas Diabetes Council (TDC), assess the prevalence of pre-diabetes among the state employee population, and develop an economic analysis related to providing an evidence-based prevention program. If the economic analysis and prevalence data support it, ERS shall, in consultation with TDC and the ERS third-party administrator, develop and implement a cost-effective diabetes Type 2 prevention program for state employees. The result of this analysis and action taken by ERS will be included in a report to the Legislature and Governor on this program by August 31, 2016.